



2010 Summer Horse Camp Information Packet

3-Day Eventing Session (full days):	\$300
Full Week Session (full days):	\$375
Full Week Session (half days):	\$225
Early Registration Discount (if received by May 15th):	\$25
Minimum Deposit per Session:	\$100

Because the number of riders in each group is limited, The Stables Equestrian Center cannot guarantee a reserved spot until we receive your deposit. All deposits are non-refundable, except in the unlikely event that the camp session is cancelled. Payment must be made in full two weeks prior to the session.

Included in this packet are directions to The Stables Equestrian Center and a copy of our Barn and Safety Rules. For their own safety and the safety of others, all visitors are expected to comply with these rules while on site—if you have any questions, please don't hesitate to ask! **Please note that if we do not have a signed liability release on file, your child will not be allowed to participate in any camp activities.**

For additional information about our camp programs or to verify availability, please call 507-261-7393 or send an email to: thestables@att.net

ABOUT THE STABLES EQUESTRIAN CENTER'S SUMMER HORSE CAMP

More than just a chance to ride, The Stable's programs offer the opportunity to learn about all aspects of horsemanship and horse care, from how to groom and tack a horse to what their routine feed, farrier, and veterinary requirements are. In the saddle, we focus on the fundamentals, mixing in a variety of fun activities and exercises designed to improve the student's balance and control. Riders learn how to safely mount and dismount, walk, trot, halt, and turn. Exercises might include walking or trotting over ground poles, navigating through a simple obstacle course or around a series of cones. Our experienced instructors tailor the program to each rider's ability, providing campers with previous riding experience the opportunity to ride more challenging horses and progress at their own pace.

What to Wear

Appropriate riding clothes are important for safety and comfort. Long pants are essential, as are sturdy, close-toed shoes or boots that have a heel. Tennis

shoes are not recommended because shoes with no heel can slip through the stirrups, posing a safety hazard. Riding tights or breeches are ideal, but any comfortable pants that don't restrict body movement will do. Since the temperature can vary quite a bit from morning to afternoon, dressing in layers will enable the student to stay comfortable as the day warms up. Keep in mind that students will be outdoors and are inclined to get dirty! It's best to leave his or her "nice" clothes at home!

Safety helmets will be provided, but those who have approved helmets designed for horseback riding are welcome to bring and wear their own. (Bicycle helmets do not provide adequate protection for horseback riders and should be left at home.)

What to Bring

Students attending an all day session should bring a sack lunch and something to drink. Light snacks and bottled water will be provided. The Stables Equestrian Center Riding Academy cannot be responsible for lost or stolen items, so students should leave their toys, jewelry, and other personal items at home.

If you have any questions or if there's anything we can do to ensure the student has a great time, contact Eliese Klennert-Nelson, Owner/Director at 507-261-7393 or e-mail: thestables@att.net.

What a Typical Day Looks Like

Following is what a typical day *may* look like for the student:

9:00 - 9:15	Group Time/Review
9:15 -10:30	Grooming, tacking, riding
10:30 – 10:45	Break
10:45 – 12:00	Classroom, demonstration, or guest speaker
12:00 – 1:00	Lunch/Free Time
1:00 -- 1:15	Group Time/Review
1:15 -- 2:30	Grooming, tacking, riding
2:30 -- 2:45	Break
2:45 – 4:00	Classroom, demonstration, or guest speaker

Achievement Program and Demonstration Show

On each Friday at 3:00 pm there will be a program for the family and friends in which the students demonstrate the skills they have acquired. We strongly urge that at least one parent, family member or guardian be present for our

program. This is a great time to get pictures and/or video of your child. Each child is unique and special to us, and we encourage you to attend.

Directions to The Stables Equestrian Center

The Stables Equestrian Center Riding Academy is conveniently located in N.E. Rochester (5 miles east of Century High School):



6489 51st Street, N.E., Rochester, MN 55906



The Stables Equestrian Center

BARN & SAFETY RULES

- All riders must have a liability release on file with The Stables Equestrian Center Riding Academy to ride on the premises or participate in any activities.
- All riders must wear helmets while they are mounted.
- All riders must wear sturdy, close-toed shoes such as riding boots, paddock shoes, or other appropriate footwear with an adequate heel.
- Only approach, touch, or handle a horse IF you are assigned/asked to do so.
- During lessons, parents and other observers must remain outside of the arena unless asked to enter by the instructor.
- No running, ball playing, or loud or disruptive behaviors are allowed around the horses. Parents and guardians should keep the children under their care in control at all times.
- Always latch gates and close doors behind you.
- Children under the age of 8 must be accompanied at all times by a parent or designated adult while on the property.
- Small children who are not part of the riding program must be kept away from the horses at all times.
- No smoking is allowed on the premises.
- Dogs are not permitted on the premises.
- Respect personal property, animals, people, and each other.

Always think: "Safety First!"

